

Julie to sail Atlantic in round-the-world race

By David Mackie
01653 690610
david.mackie@enqyne.co.uk
Twitter@DaMJJournalist

A SINNINGTON woman is in training to cross the Atlantic as part of a round-the-world sailing race.

Julie Snowden will make the crossing as part of the final leg of a Clipper Round The World Yacht Race 2017/18 team.

Despite working in the seafood industry as account manager with Seafish and Grimsby, the fishing and seafood industry authority, and being an organiser of the Humber Seafood Summit, she had not set foot aboard a sailing yacht until a few months ago.

In the Clipper race, the organisers supply a fleet of 70-ft racing yachts, each with a qualified skipper, to a crew of novices.

The race itself starts in August 2017 and takes nearly a year to get around the globe.

The 40,000-mile route is divided into eight legs. Julie's journey across the Atlantic, the final leg of the race, will not set off until June 2018, though she said: "I am still part of the team to assist on their races and I train with them.

"I am half way through my official training – next summer I complete the training – it is a long intense process for this challenging race.

"I have now completed level one and two and my biggest challenge is going to be coping with increasing stamina while racing," she said.

"I will have to live and learn how to



Julie Snowden training for the Clipper Round The World Yacht Race

work at a 45 degree angle."

The crew take a continuous four-hour watch system and have to cope with sleep deprivation, potential sickness and living in cramped quarters with other crew – without

even their own allocated beds.

She has gained sponsors to help with expensive equipment, including MoneyWeb Ltd, the Ico Co and Cherrys Country Hardware, and is fundraising for Yorkshire Air

Ambulance and the Fisherman's Mission charity.

More information on Julie's challenge and fundraising can be found by visiting the website shesetsail.com